

# Black Rock Church Counseling Referral Resources

(Effective December 2018)

*Please contact the counselor for accepted insurance providers.*

- Derby:** **The Family Counseling & Mediation Center, LLC**  
**Karlene Chisholm** – Licensed Marriage & Family Therapist  
Appointments: 203.736.6734, or [karlamft2001@aol.com](mailto:karlamft2001@aol.com)
- Fairfield:** **Renew Counseling Associates – Dr. Duane Kellogg, Director**  
Appointments: 877.847.3639, Information: 203.450.2665  
Email: [renewcounseling@hotmail.com](mailto:renewcounseling@hotmail.com)  
Website: [www.renewcounselingassociates.com](http://www.renewcounselingassociates.com)
- Fairfield:** **Donna Alves** – Certified Temperament Counselor, Licensed Christian Clinical & Pastoral Counselor  
Appointments: 203.218.6678  
Email: [donna@donnaalvescounseling.com](mailto:donna@donnaalvescounseling.com)  
Website: [www.donnaalvescounseling.com](http://www.donnaalvescounseling.com)
- Beth Thompson** – Licensed Professional Counselor  
Appointments: 203.450.5804  
Email: [bthompsonlpc@gmail.com](mailto:bthompsonlpc@gmail.com)
- Milford:** **Jenny Currie** – Licensed Professional Counselor  
Appointments: 203.293.8554  
Email: [curriejenny82@gmail.com](mailto:curriejenny82@gmail.com)  
Website: [www.jennycurriecounseling.org](http://www.jennycurriecounseling.org)
- Norwalk:** **Christian Counseling Center of Norwalk**  
Appointments: 203.846.4626  
Email: [ccctherapy@earthlink.net](mailto:ccctherapy@earthlink.net)  
Website: [www.christiancounselingcenter.us](http://www.christiancounselingcenter.us)
- Stratford:** **Non-Judgmental Christian Counseling – Julius Dudics, Director**  
Appointments: 203.243.7714  
Email: [jdudics@optimum.net](mailto:jdudics@optimum.net)
- Trumbull:** **Safe Harbor Counseling – Robert Hutter, Director**  
Appointments: 800.305.2089  
Website: [www.safeharbor1.com](http://www.safeharbor1.com)

**Note:** Black Rock Church makes no recommendations regarding the counseling resources listed above. Because effective counseling involves both the skill of the counselor and a productive association between counselor and counselee, it is not possible to predict the outcome or success of a specific counseling relationship.